Introducing two ways to make your experience in

**Anatomy & Physiology**

easier and more successful

**A&P 1 Supplement** (BIO 242)

A one-credit-hour course that you can take along with your A&P lecture and lab

This course meets once per week to chat and to learn some tips and tricks for “getting it.”

A recent student in this course said, “It was amazing!” and another said, “The course was excellent, interesting, and informative.”

In a recent survey, 99% of previous BIO 242 students recommended this supplement course for anyone taking A&P 1.

Think of it as an **A&P 1 Shortcut** course!

**Foundations in Science for Health Careers** (BIO 095)

A completely online, *self-paced* refresher course that reviews the concepts

you should have learned before taking A&P

If it’s been a while since had high school biology (or its equivalent), or you’re not sure you remember it all very well, this course is for you!

One recent student said, “I really enjoyed this course; what a great refresher!” Taking this course during the session BEFORE you take A&P 1 will allow you to quickly brush up and be ready for the hectic and intense A&P lecture and lab courses.

This is the **Getting Ready for A&P** course!

The number of places available in both of these courses is *very* limited . . . so if you want to join in, please enroll as soon as possible. Just stop by our campus or go to [*www.stchas.edu*](http://www.stchas.edu) to enroll online.

Visit **LionDen.com/APsuccess.htm** for more information